

# **RETURN TO PLAY**

**When an injury, serious illness or surgery prevents a player from participating in games or practices, it is essential that a medical certificate from a physician authorizing the players return to active participation be presented to a team or association official.**

**When a player is off for an extended period of time it is recommended that the player practices before they play. The practice situation allows the player to gradually adapt in a controlled setting with lower risk of further injury.**

## **RATIONALE**

- 1. To encourage a greater overall awareness and responsibility regarding the safety of all players.**
- 2. To reduce the potential for litigation resulting from an injured player being permitted to return to participation without proper clearance by a medical doctor.**
- 3. To place a greater degree of responsibility on the parents/guardians to ensure that the players health and safety is of paramount importance.**